# R.E.A.C.H.

**Recreation Events Activities & Center Happenings** 



**SPRING-SUMMER 2023** 

www.macomb-mi.gov/rec

# GENERAL INFORMATION



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#### **Letter from the Director**

Dear Resident,

This summer will be an action-packed summer for the Parks and Recreation department. Progress continues on Pitchford Park and we are still targeting a late summer, early fall opening. After a very generous donation from the family of Paul and Annette Lucido, we are exploring the best available use options for the Lucido River Park. These will be two very exciting amenities that we will be providing to our residents. As always, we will offer eleven free special events for families to enjoy.

The time has come to plan your activities for the spring and summer months. Please take time to look through our "new look" R.E.A.C.H. program catalog. Our staff has worked very hard to offer programs for all ages. Hopefully, we've offered something that interests you. On behalf of the Parks and Recreation department, enjoy the nice weather, and we hope to see you at some of our special events.

Salvatore A. DiCaro Jr. Director of Parks and Recreation

#### **Program Registration**

Patrons can visit the Recreation Center in person, or visit us at www.macomb-mi.gov/rec. **Resident registration begins Monday, April 24 at 6:00a.** All Macomb Twp. addresses will be verified in order to receive the discounted rate. Open registration begins Wednesday, April 26 at 6:00a. **See pages 6 and 7 for swim lesson registration dates.** We Accept Cash, Check, Visa or Mastercard.

#### **Fees & Program Locations**

Fees are listed as Macomb Township resident first, followed by non-resident. All programs take place at the Macomb Township Recreation Center unless stated otherwise.

#### **Cancellations**

Macomb Township Parks and Recreation reserves the right to cancel a program due to low enrollment or circumstances out of its control. If a program is cancelled, registrants will receive a full refund.

#### **Refund Policy**

Customer initiated refunds will be honored through the first class meeting. No refunds on 1-day trips, special events, or classes. All customer-initiated refunds will incur a \$10 processing fee.

#### **Equal Access**

No person shall, on the basis of religion, race, color, national origin, age, sex, height, weight, familial status, marital status, or disability, be denied equal access to programs activities, services, or benefits. We welcome participation of persons with disabilities in our programs and facilities. If you or your child need special accommodations, please contact us at least two weeks prior to the program start date to allow for sufficient time to coordinate program inclusion and make reasonable accommodations.

#### Contact Us

Address: 20699 Macomb St, Macomb, MI 48042

Phone: 586-992-2900

**Email:** parks-rec@macomb-mi.gov **Website:** www.macomb-mi.gov/rec

#### **MACOMB TOWNSHIP RECREATION CENTER**

#### **Recreation and Aquatic Center Hours**



Monday-Friday 6:00a-9:00p Saturday 8:00a-5:00p Sunday 10:00-5:00p

See page 10 for Aquatic Center Hours\*

#### Hours for Holidays/Events

\*Pool closes one hour prior to the Rec Center\* 10:00a-2:00p New Year's Day 1/1 Eggstravaganza 3/25 1:00p-5:00p Closed **Easter** 4/9 Memorial Day 5/29 6:00a-12:00p Independence Day 6:00a-12:00p Labor Day 9/4 6:00a-12:00p 10/20 6:00a-3:00p Halloween Hoopla Halloween 10/31 6:00a-5:00p Thanksgiving 11/23 Closed Christmas Aglow 12/1 6:00a-3:00p Christmas Eve 12/24 10:00a-2:00p Christmas 12/25 Closed 10:00a-2:00p New Year's Eve 12/31

#### **Recreation Center Fees**

Daily Admission Pass (Children ages 3 and under are free with one paying adult) Macomb Township Residents.....\$8.00

#### Memberships

#### MONTHLY MEMBERSHIP Once a month

deduction from credit card or checking account Resident Adult 21+.....\$30.00 Non-Resident Adult 21+ \$60.00 Resident Child Dependent 4+ ......\$20.00 Non-Resident Child 4+.....\$40.00 Resident Seniors 55+ .....\$20.00 Non-Resident Seniors 55+ ......\$40.00 ANNUAL MEMBERSHIP Includes 12 months paid-plus a FREE 13th month Resident Adult 21+......\$360.00 Non-Resident Adult 21+ \$720.00 Resident Child Dependent 4+ ......\$240.00 Non-Resident Child 4+.....\$480.00 Non-Resident Seniors 55+ ..... \$480.00 **Trial Memberships** One-time 30-day period from the date of

purchase and are non-refundable.

Resident Fee	\$30.00
Non-Resident	

Summer Memberships are available to purchase starting May 1st and expire on August 31st. Purchases made after May 1 will be prorated down according to the number of days available for use at the time of purchase. The last day to purchase Summer Memberships is August 1. Summer Memberships are non-refundable & non-transferable.

Resident Fee	\$30.00
Non-Resident	\$60.00

#### **Cardio Center & Weight Room**

- Recumbent & Upright Bicycles
- Treadmills
- Elliptical Cross Trainers
- Nu Step/REX
- Accent Trainers
- Stair Climbers & Steppers TreadClimbers
- Press & Leg Press Station
- Multi-Functional Trainers
- Incline Benches
- Cable Tower System
- Dumbells & Curl Bars

#### **Aerobics Room**

- Exercise Classes
- Open for drop in use

#### **Aquatic Center**

- Swim Lessons
- Water Aerobics Classes
- Shallow Water Lifequard Training
- Lap Lanes
- Lazy River
- Hot Tub
- 3-story Water Slide
- Floating Log Walk
- Outdoor Sun Deck
- Locker Rooms
- Family Changing Cabanas
- Children's Multi-Level Play Area
- Bring your own locks and towels

#### **Gymnasiums**

- Two Full Size Gymnasiums
- Open Basketball Play
- Shallow Water Lifeguard Training

#### **Running/Walking Track**

Our unique three lane figure eight configuration spans over the top of two full size gymnasiums. The track distance is 7.3 laps per mile.

#### **Tree-Top Town** (Indoor Playground)

Children ten years of age and under can enjoy our indoor play structure with slides, tubes, rock climbing, moveable heliocopter and interactive toys.

#### Game room

- Ping Pong
- Billiards
- Air Hockey
- Shuffle Board















# **SPONSORS**



















#### **DIAMOND SPONSOR**

**Badalamenti-Ferlito Orthodontics** | 586.210.9210 | drbortho.com **Gompers, Cornish & Barr** | 586.949.2300 | gcbinsurance.com

#### **PLATINUM SPONSOR**

Bounce About Rentals | 586.980.9059 | bounceabout.com
DTE | 800.477.4747 | newlook.dteenergy.com
Genisys Credit Union | 800.521.8440 | genisyscu.org
Macomb Orthodontics | 586.226.2722 | macomborthodontics.com
Meijer Grocery | Meijer.com
MJC Companies | 586.263.1203 | mjccompanies.com
Russ Milne Ford | 586.948.7700 | RussMilneFord.com

#### **GOLD SPONSOR**

Baldwin House Senior Living | 248.422.0292 | baldwinhouseseniors.com
Christian Financial Credit Union | 586.772.6330 | christianfinancialcu.org
Edward Jones – Kevin Ott | 586.693.3602 | edwardjones.com/us-en/financial-advisor/kevin-ott
Dept of Health & Human Services-Foster Care | michigan.gov/hopeforahome
Michigan United Credit Union | 248.647.5958 | michiganunitedcu.org
Oakleigh of Macomb Senior Living | 586.997.8090 | OakleighMacomb.com
Fox Subaru Macomb | 586.203.4800 | subaruofmacomb.com

#### SILVER SPONSOR

Aetna Better Health of MI (Medicare-Medicaid Plan) | 586.636.1606 | laetnabetterhealth.com/michigan/members/medicare-medicaid Anderson, Eckstein and Westrick, Inc. | 586.726.1234 | aewinc.com Deneweth's Garden Center | 586.247.5533 | deneweths.com Fishbeck, Thompson, Carr & Huber, Inc | 586.412.1406 | ftch.com Henry Ford-GoHealth Urgent Care | gohealthuc.com/henry-ford Hart Hearing Center | 586.474.4998 | harthearingcenter.com Hoffman Dental Care | 586.247.8730 | macombsmiles.com Plante Moran | 586.416.4900 | plantemoran.com Westwood Inn Senior Living | 586.267.9500 | westwoodinnseniorliving.com

#### **BRONZE SPONSOR**

Buscemis 23 & Card Pizza / Party Store | 586.649.0300 | buscemis23card.com
Camp Bow Wow | 586.488.1193 | campbowwow.com/shelby-township
Duluth Trading Company | 586.690.6808 | duluthtrading.com
Genesis Chiropractic | 586.949.0500 | genesischiro-macomb.com
Lakeside Collision | 586.532.8690 | lakesidecollisioninc.com
Michigan Schools & Government Credit Union | 586.263.8800 | msgcu.org
PatchMaster of Macomb | 586.738.0082 | macomb.patchmaster.com

#### **FRIENDS**

Chippewa Valley School District
Clinton Macomb Public Library
Comfort Keepers
El Charro Restaurants
Kiwanis Club of Macomb Township
Macomb County Sheriff Department
Macomb Township Fire Department
Oliver Sod Farm

# Special Events



PRESENTED BY:











### Saturday, June 24

10am-1pm

Seneca Middle School

21 MILE, EAST OF ROMEO PLANK - PARKING AT DAKOTA HIGH SCHOOL

BRING THE WHOLE FAMILY TO THIS FREE COMMUNITY EVENT FOR YOUR CHANCE TO SEE, TOUCH AND HEAR EVERY TRUCK YOU COULD IMAGINE

#### **AUXILIARY SPONSORS**































# **SENIOR PROGRAMS**



#### **Open Cards and Camaraderie**

Play Euchre, Pinochle, Poker or Dominoes with Friends (no money involved). Program meets from 12:45-3:00p and costs \$1/\$2 to participate for each date listed below.

Tuesdays: 5/16, 6/6, 6/20, 7/11, 7/25, 8/29

Wednesdays: 5/31, 8/9

#### **Chicks with Sticks**

**Knitting & Crochet Group** 

No meeting 7/6

Th 5/4-8/31 10am-12:30pm \$17/\$19

#### **Senior Matinee**

Enjoy a relaxing afternoon while watching a film on our big screen. Popcorn and refreshments will be provided. Movie starts at 12:30pm

Мо	5/15	Ticket to Paradise	\$1/\$2
Мо	7/17	Where the Crawdads Sing	\$1/\$2
Мо	8/21	True Spirit	\$1/\$2

# Exclusive Showing "Boblo Boats: A Detroit Ferry Tale."

You are invited to spend an enjoyable afternoon watching a Baldwin House Senior Living Exclusive! This epic documentary that explores the Boblo Island amusement park and its ferries. Michigan themed refreshments will be served.

Tu 5/23 12:30-2:30p \$2/\$4

#### **Cardio Mondays**

Start your week off right with standing and cardio-based video exercises. No class 5/29, 6/19, 7/3

Мо	5/8-7/10	8:30-9:30a	\$7/\$14
Мо	7/17-8/28	8:30-9:30a	\$7/\$14

#### **Thursday Morning Exercise**

Strength and posture-based chair-focused video exercises.

Weights are available. No class 7/6

Th 5/11-6/29 8:30-9:30a \$8/\$16 Th 7/13-8/31 8:30-9:30a \$8/\$16

#### **Bocce on Wednesdays**

Join us on Wednesday mornings to play a fun game of bocce on our outdoor bocce courts at the Senior Center. Participants will be placed on teams – no experience is necessary. No class 7/5

We 6/7–8/30 9:30-11:30a \$12/\$24

Sponsored by Hart Hearing Center

#### **Out N' About Friday Walking Club**

Ditch the treadmill and join us outdoors at Macomb Corners Park each week on our gorgeous 1 Mile walking path. It's the perfect way to experience the outdoors, get fit, and meet new people.

Fr 6/2-8/25 8:30-9:30a FREE

#### **Book Club**

Discuss a monthly book selection picked by all group members!

Books not included. Meeting dates are May 19, Jun 16, Jul 21, Aug 18

Fr 1:00p-3:00p \$4/\$8

#### Pizza & BINGO

Join us for lunch followed by a friendly game of BINGO. Lucky winners can choose from a variety of small prizes. Pizza is provided by Baldwin House Senior Living.

We	5/10	11:00am-1:00pm	\$5/\$10
We	6/21	11:00am-1:00pm	\$5/\$10
We	7/19	11:00am-1:00pm	\$5/\$10
We	8/16	11:00am-1:00pm	\$5/\$10

Sponsored by Baldwin House Senior Living

#### **Crafters' Corner**

Flower Pot Painting 5/22 Mo 10:00-11:30a \$4/\$8 **Patriotic Craft** Mo 6/26 10:00-11:30a \$4/\$8 **Sun Catchers** 7/24 10:00-11:30a \$4/\$8 **Button Bouquet** 8/28 10:00-11:30a \$4/\$8 Sample pictures posted online.

#### **Euchre Party & Lunch**

Partners assigned randomly. Play begins at 12:00pm. Prizes for the top three finishers!

Sno	nsored by	Hart Hearing Center	
Fr	6/23	11:30a-3:00p	\$5/\$10
Fr	5/26	11:30a-3:00p	\$5/\$10

	•	•	
Fr	7/28	11:30a-3:00p	\$5/\$10
Fr	8/25	11:30a-3:00p	\$5/\$10

Sponsored by: Oakleigh of Macomb

#### Medicare 101\*

Learn about the A's, B's, C's and D's of Medicare. Lunch and information provided by Medicare Mike.

		,	
Мо	5/8	12:00-1:00p	FREE
Мо	6/5	12:00-1:00p	FREE
Мо	7/10	12:00-1:00p	FREE
Мо	8/7	12:00-1:00p	FREE

#### **Cool Reads for Hot Summer Nights\***

Clinton-Macomb Public Library will be presenting the most popular books for your summer reading and discussing hidden gems at the library.

Th 6/15 2:00-3:00pm F	REE
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Sponsored by Clinton-Macomb Public Library

#### **Family Harmony Lecture\***

Learn how to keep the peace with your family when discussing difficult topics in order to find meaningful resolutions. Light refreshments and donuts will be provided by The Senior Companies.

Fr 5/12 9:00-10:00a FREE

#### Fraud Guard Alerts\*

Please come join our very own Macomb County Clerk, Anthony G. Forlini, for an informative presentation on protecting yourself and your loved ones from potential real estate fraud plus discuss issues important to you and learn more about FREE services and resources offered to Macomb County residents. All followed by Q & A. Light refreshments and treats will be served.

We 5/24 9:00-10:00a FREE

#### **Ask The Experts\***

Join us as a panel of experts share their knowledge on many topics which include: Reverse Mortgages, Downsizing Tips, Veterans Benefits, Auto and Home Insurance Options. This will be an interactive discussion so make sure to bring your questions! At the end you will have a chance to win a gift card to one of our local restaurants. Light refreshments will be provided.

Tu 6/13 10:00a-12:00p FREE

#### Senior SCAMS Presentation\*

Join Macomb County Prosecutor, Peter J. Lucido and the Macomb County Prosecutor's Office for this senior citizen safety-focused workshop discussing ways in which seniors can prevent from being scammed. This presentation also includes information on guardianship, choosing a nursing home, your rights in a nursing home and wills.

We 6/28 10:30-11:30a FREE

#### **DIY Door Hanger N' Sip**

Join us outside on the Social Terrace for a fun afternoon while we create a "Sweet Summertime Lemon Door Hanger," and sip on a Lemon Basil Mocktail.

Tu 7/18 1:00-3:00p \$32/\$37

#### **Summer Bracelet Class**

Make your own custom bracelet set in this fun and easy class using silver plate, gold plate and gemstone beads on elastic. We will make a set of two beautiful bracelets in your choice of style and color from the many sparkling beads and spacers available, including amethyst and aquamarine.

#### A \$15 fee is due to instructor on class day.

Tu 8/15 10:00-11:30a \$10/\$15

#### **Creative Greetings**

In this class, you will have the opportunity to create four handmade cards which are appropriate for different occasions. No prior experience is necessary, and all supplies are included!

Tu 5/9 10:00a-12:00p \$6/\$11
Tu 8/1 10:00a-12:00p \$6/\$11

#### Mini Terrariums\*

Using a clear open ball, decorations and an air plant, create an adorable mini terrarium for your home.

We 5/17 2:00-3:00p FREE

Sponsored by Clinton-Macomb Public Library

#### **Pitas & Paintings**

Rose from the Painted Toad Art Studio will offer a step-by-step instructional class that allows you to create these beautiful pieces. No experience necessary and lunch will be provided. Sample pictures posted online.

**Busy Bee Painting** 

Mo 6/12 11:00a-2:00p \$50/\$55

Make a Wish Painting

Tu 8/22 11:00a-2:00p \$50/\$55

#### **Cooking For One Lecture Series**

MSU Extension presents a 6-week class that has 45 minutes of education and then a 30 minutes cooking demonstration per session. Taste what you make and receive a cookbook, and a cooking related tool most weeks.

Th 7/20-8/24 1:00-3:30p \$6/\$11

Sponsored by MSU Extension - Oakland County

#### **Cooking Class with Chef Lauren**

#### **Fresh Summer Recipes**

In this hands-on cooking class, you will learn some new recipes that have lots of flavor that can be enjoyed all summer long!

**Menu**: Bruschetta–Lemon Risotto –Orzo Salad-No-Bake Cheesecake We 5/31 10:00a-12:00p \$30/\$35

MTRC Members receive \$5.00 discount

#### Nacho Average Cinco de Mayo Party

Join us for a festive luncheon that will include great conversation and a comedy show filled with a lot of laughs. Doors will open at 12:15pm.

Fr 5/5 12:30-2:00p \$10/\$15

Sponsored by Oakleigh of Macomb

#### Are you an Un-BEE-livable Speller?\*

If so, we would BEE pleased to have you represent Macomb Township in the upcoming Macomb County Senior Spelling Bee scheduled for the Fall of 2023 at the Sterling Heights Senior Center. This competition will consist of a group of 6 individuals from each of the 4 local senior centers participating. Weekly practice with the list of words will begin in July. Prizes and bragging rights will be given to the winning team. Alternates are welcome.

#### **Spelling Bee Participants**

Th 7/13-8/31 10:00a-12:00p FREE

**Alternate Participants** 

Th 7/13-8/31 10:00a-12:00p FREE

#### **Summer Kick-Off Party**

As we welcome the warm weather, this will be our first official celebration on the Social Terrace! Please join us for an afternoon filled with music, dancing, appetizers and refreshments in our newly added outdoor space. Doors will open at 1:45pm.

Fr 6/9 2:00-4:00p \$8/\$13

#### **Pancake Breakfast and Trivia**

June 14th is Flag Day and we will be celebrating with a pancake breakfast. Join us for pancakes, bacon, sausage and fresh fruit. After our delicious breakfast we will test your knowledge of patriotic trivia and a chance for prizes! Breakfast provided by Westwood Inn Senior Living. Door will open at 8:45am.

We 6/14 9:00-10:30a \$5/\$10

#### **Tea Party Luncheon**

Join us for a prim and proper English tea party. Lunch will include a variety of scones, an assortment of finger tea sandwiches, scrumptious desserts, and tea of course! Doors will open at 11:45am.

Tu 6/27 12:00-2:30p \$18/\$23

Sponsored by Oakleigh of Macomb and Hart Hearing Center

#### Ice Cream Social

Enjoy a delicious ice cream sundae with all the toppings and entertainment too! Ice cream provided by Westwood Inn Senior Living.

We 7/12 1:30-2:30p \$5/\$10

#### Music in the Park & Dinner\*

Bring your lawn chair to our reserved area at Macomb Corners
Park and listen to the music of Local Heroes while enjoying a
pizza dinner. Don't delay, limited to the first 75 people!
Th 6/29 7:00-8:30p FREE

Sponsored by Westwood Inn Senior Living

#### **Root Beer Floats & Fun**

Join us at the Senior Center for Root Beer Floats and live entertainment!

We 7/12 1:30p-2:30p \$5/\$10

Sponsored by Oakleigh of Macomb

#### **Hart Hearing Center-Lunch & Learn\***

Learn the difference between Over-the-Counter and prescription hearing aides and the impact it could have on you!

We 7/26 12:00-1:00p FREE

#### Come See What The Buzz is all about \*

Please join us for a BUZZ-worthy presentation given by a local beekeeper who will share information on this fascinating species. A themed snack will be provided.

Tu 5/16 10:00a-12:00p FREE

#### **Westwood Inn Lunch & Tour\***

Visit Macomb Township's newest Senior Living Community and see what they have to offer! We will enjoy a chef prepared lunch and tour of their beautiful new facility. Meet at the Senior Center at 11:15am where we will walk across as a group to Westwood.

Th 8/10 11:30a-1:30p FREE

#### **Historical Marshall Tour**

Explore this town on the western side: it's historic homes as well as the Governor's Mansion Museum & the UPS Museum. Lunch at Schuler's Restaurant.

Tu 5/23 6:30a-6:00p \$103/\$105

#### **Senior Golf Leagues at Hickory Hollow**

These discounted 9-hole leagues are solely focused on golfers having a good time and making new friends. You must register with Macomb Township Parks and Recreation to receive the discounted rates. A 10-week playing commitment spaced out over 12 weeks to the league is required. Players pay half of their green fees directly to Hickory Hollow on the first week, and the remaining fees at the halfway point of play (\$15pp weekly cost). Golfers should call the golf shop each week to reserve a tee time for the following week. Senior Ladies

Tu 5/9-8/1 1:30-3:30p \$7/\$10 Senior Men We 5/10-8/2 1:30-3:30p \$7/\$10 Senior Couples Th 5/11-8/3 1:30-3:30p \$7/\$10

#### **Drop-In Pickleball at the MTRC**

The Macomb Township Parks and Recreation Department offers drop-in Pickleball for seniors 55+ on Monday-Thursday from 6:00a-12:00p. On Fridays from 6:00a-8:30p, drop-in Pickleball is open for play to all ages. To participate, you must be a current member of the M.T.R.C., or pay a daily admission fee to access the facility.



# **SENIOR TRIPS**

#### **Mexico & Murals in Detroit**

Join us on this fully narrated tour as we explore some of Detroit's most iconic landmarks to pop-up pieces on the side of buildings. Enjoy lunch at Los Galanes Mexican Restaurant followed by some leisure time to shop for sweet treats at an authentic Mexican bakery, La Gloria Bakery.

We 5/17 8:00a-5:00p

#### Crusin' Kalamazoo

Spend the day gaining insightful knowledge on everything the Air Zoo and Gilmore Car Museum have to offer. In between you will have an opportunity to enjoy lunch (included) at the Main Street Pub.

Th 9/7 5:15am-6:00pm

\$122/\$124

\$109

#### Give 'Em HELL, HARRY! @ The Snug Theatre in Marine City

Take delight in having lunch at The Voyager, located on the St. Clair River where freighters pass close to shore! Then enjoy a 3pm matinee of this Gem Theatrics Production. The biographical play is a one-man show about former President of the United States, Harry S. Truman. Over the course of the play Truman recalls many of his personal and professional triumphs and tragedies, uncannily capturing the essence of the President with humor and genuine emotion.

6/11 Su 12:00-5:45p \$125

#### A Day in The D featuring tours at the Detroit **Historical Museum & Motown Museum**

Cobblestone streets, 19th century stores and an auto assembly line are just a few of the wonders, visitors will see while enjoying the museum's 1-hour Detroit Historical Perspectives Tour. In between museums you will have an opportunity to take joy in a family style lunch at Buddy's Pizza including a variety of the restaurant's favorites. Afterwards, there will be a 1 hour guided tour through the Motown Museum where you will enjoy an extensive array of Motown artifacts, photographs, apparel and memorabilia.

#### **Gun Lake Casino Trip**

7/13

Th

Cha-ching! Enjoy a day trip to the casino. Travelers will receive \$10 in free slot play and \$10 towards food. The bus will stop at a restaurant along the way to allow you to purchase a meal.

8/24 7:00a-8:00p \$59

9:00a-5:00p

# **NATURE PROGRAMS**



#### Wildlife Pollinators (Ages 5+)

Over 460 types of bees call Michigan home. Learn how to attract pollinators before heading outdoors to observe some in the area. Taught by MSUExtension.

We

6/21

6:00 - 7:30p

\$2/\$5

#### Bat Hike (Ages 5+)

Explore the park after dark while we search for bats and owls in the area using echo meters and owl calls.

8/19

8:15 - 9:15p

\$7/\$12

Sponsored by El Charro

#### Park Beautification Project (All Ages)

Join us at Waldenburg to beautify the park with flowers. Limited to 15 people.

Fr 5/12 10:00a

**FREE** 

#### Scales & Tails (Ages 2+)

Slither, Hop, Climb or Crawl on over to Waldenburg Park. This event welcomes your reptile lover to have fun with crafts, a short hike, and a live reptile show! Caregivers are free.

8/18

1:00 - 3:00p

Sponsored by Badalamenti-Ferlito Orthodontics

#### Nature Field Trip (Kensington Metropark) (Ages 6-14)

Take a bus ride over to Kensington where the naturalists will teach children about all manner of animals before leading them on a hike to see nature up close. Bring your own sack lunch! Children must be accompanied by an adult.

We

\$115

7/19

9:45a - 3:15p

\$10/\$15

### **AQUATICS**

**GENERAL INFORMATION** 



#### **OPEN SWIM -**

- 1) Parents expected to be within arm's reach of non-swimmers under their care.
- 2) Water Slide included 48 inches or taller to ride.
- ONLY U.S. Coast Guard Approved Lifejackets No other flotation devices allowed.
- 4) Food & Drink Not permitted in Aquatic Center (Water Only)

Hours thru June 18, 2023
Sat, Sun, Holidays
12:00 – 4:00pm
Mon – Thurs
6:00 – 8:00pm
Fri
4:00 – 8:00pm

Summer Hours begin
 June 19, 2023
 Sat, Sun, Holidays
 12:00 – 4:00pm
 Mon – Thurs
 12:00 – 4:00pm &
 6:00 – 8:00pm
 Fri
 12:00 – 8:00pm

ADULT FITNESS SWIM 16 yrs of age and older					
Thru 6/18/23	Saturday*	Sunday*	Monday - Thursday*	Friday	
1111u 0/10/23	8:00am – 12:00pm	10:00am – 12:00pm	6:00am – 6:00pm	6:00am – 4:00pm	
6/19/23 – 9/3/23	Saturday*	Sunday*	Monday - Thursday*	Friday	
0/13/23 - 3/3/23	8:00am – 12:00pm	10:00am – 12:00pm	6am – 12pm & 4 – 6pm	6:00am - 12:00pm	

\*Shared time with Aquatic Classes.

Pool Hours & General Information found at www.macomb-mi.gov/rec. Times subject to change with School Schedules

#### **Shallow Water Lifeguard Training**

American Red Cross Certification. Participants who successfully complete this course will receive certifications in Shallow Water Lifeguarding with CPR/AED & First Aid.

# Possible employment opportunity upon successful completion of course. ATTENDANCE AT ALL 3 CLASS DATES IS REQUIRED

Participant must be 15 years or older by last day of class.

211115-A 5/7 - 5/21 Su 6:00a - 2:00p \$100/\$110 211115-B 6/11 - 6/25 Su 6:00a - 2:00p \$100/\$110 211115-C 8/6 - 8/20 Su 6:00a - 2:00p \$100/\$110



# Immediate Job Openings for Certified Lifeguards

You don't have to be a champion swimmer. In fact, because we are a shallow water pool the pre-requisites for lifeguard certification are more obtainable than you would expect. Enroll in a Lifeguard Training Course today!! Apply for a job while taking the class. Already certified? Apply today!

The pre-requisites for the Lifeguard Training class are:

- 1) Be 15 years of age or older by end of the class.
- 2) Swim continuously 200 yards freestyle
- 3) Tread water 2 minutes using only your legs
- 4) Complete a timed swim and brick retrieval at a depth of 5 feet

#### **SWIM LESSONS**

**SPECIAL NOTE** - Participants may be registered for only ONE section of swim lessons at a time. Additional enrollments will be cancelled and credit will be placed on account for cancelled enrollment. Refunds will not be issued. Registering for consecutive sections may result in the participant being enrolled in an inappropriate level for a later section, and cancellation will be required.

**SWIM TESTING for Group Lessons** Conducted Monday thru Friday 6:00-8:00pm at the Recreation Center. No appointment necessary. First time participants enrolling in Levels 1–3 must swim test to ensure correct placement. Children should come prepared to swim. Preschool swim lessons do not require a swim test. Please refer to the class descriptions posted on our website when enrolling your child in a preschool lesson. www.macomb-mi.gov/rec

**NO MAKE-UP Swim Lessons -** No MAKE-UP classes or refunds for classes that participants are unable to attend. If the pool is closed due to weather or maintenance, causing classes to be cancelled, a make-up class would occur on the next day in the sequence of classes after the last scheduled class date.

Facility Usage - Use of the facility during open swim hours requires paid daily admissions or use of membership. Facility usage is NOT included in swim lesson fees.

#### PRIVATE & SEMI-PRIVATE SWIM LESSONS (ALL AGES)

Classes are once per week, 30 minutes.

No make-ups or refunds due to missed classes.

Semi Private Lessons can be done for participants of similar skill levels and within the same household. When enrolling for Semi Private Lessons, ONLY enroll the first child. Leave a Roster Note with the Second person's name. They will be enrolled by office staff and you will be contacted to pay the balance. Discount for Semi-Private Lessons will be applied when office staff enrolls 2nd child.

# Session 1 Resident Registration begins 5/1/23 @ 6am

Non-Resident Registration begins 5/3/23 @ 6am

Tuesdays Wednesdays
5/16 - 6/27 5/17 - 6/28 5

Mondays 5/15 – 6/26 \$98R/\$112NR	Tuesdays 5/16 – 6/27 \$98R/\$112NR	Wednesdays 5/17 – 6/28 \$98R/\$112NR	Thursdays 5/18 – 6/29 \$98R/\$112NR
6:00 – 6:30p	6:00 – 6:30p	6:00 – 6:30p	6:00 – 6:30p
6:40 – 7:10p	6:40 – 7:10p	6:40 – 7:10p	6:40 – 7:10p
7:20 – 7:50p	7:20 – 7:50p	7:20 – 7:50p	7:20 – 7:50p

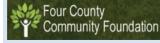
#### **Session 2**

Resident Registration begins 6/26/23 @ 6am Non-Resident Registration begins 6/28/23 @ 6am

Mondays 7/10 – 8/21 \$98R/\$112NR	Tuesdays 7/11 – 8/22 \$98R/\$112NR	Wednesdays 7/12 - 8/23 \$98R/\$112NR	Thursdays 7/13 – 8/24 \$98R/\$112NR
6:00 – 6:30pm	6:00 - 6:30pm	6:00 – 6:30pm	6:00 – 6:30pm
6:40 – 7:10pm	6:40 – 7:10pm	6:40 – 7:10pm	6:40 – 7:10pm
7:20 – 7:50pm	7:20 – 7:50pm	7:20 – 7:50pm	7:20 – 7:50pm

# Thank You

Thank you again to the Four County Community Foundation for supporting our effort to upgrade the Macomb Township Aquatic Center's pool lift! This new wheelchair lift was installed the week of September 26, 2022. It replaces the original lift that was installed in 2004 with the opening of our facility. After 18 years of care, we were very fortunate to be recipients of this grant to help offset the cost of the lift replacement. Over the years we have used the lift as a means of transferring patrons, both young and old into our pool to allow them to gain access to our swimming pool in a safe efficient manner. The lift is available for use to any person in our facility expressing a need to use it.





#### **GROUP SWIM LESSONS**

Classes are once per week. Levels A – C, 30 minutes. Levels 1 – 3, 45 minutes. No make-ups or refunds due to missed classes Participants can be signed up for one class session at a time. Multiple enrollments will result in removal from classes.

Session 1

Resident Registration begins 5/1/23 @ 6am Non-Resident Registration begins 5/3/23 @ 6am

Note: Levels A – C 30 minutes classes	Saturdays 5/13 - 6/24 \$49R/\$63NR (A-C) \$63R/\$77NR (1-3)	Sundays 5/14 - 6/25 \$49R/\$63NR (A-C) \$63R/\$77NR (1-3)	Mondays 5/15 – 6/26 \$49R/\$63NR (A-C) \$63R/\$77NR (1-3)	Tuesdays 5/16 – 6/27 \$49R/\$63NR (A-C) \$63R/\$77NR (1-3)	Wednesdays 5/17 – 6/28 \$49R/\$63NR (A-C) \$63R/\$77NR (1-3)	Thursdays 5/18 - 6/29 \$49R/\$63NR (A-C) \$63R/\$77NR (1-3)
Level A	10:00 – 10:30a		4:20 – 4:50p			
Level B	8:10 – 8:40a 9:00 – 9:30a 10:00 – 10:30a	10:10 – 10:40a 11:00 – 11:30a	4:20 – 4:50p	4:20 – 4:50p 4:20 – 4:50p	4:20 – 4:50p 4:20 – 4:50p	5:10 – 5:40p
Level C	8:10 – 8:55a 10:00 – 10:30a 11:00 – 11:30a	10:10 – 10:40a 11:00 – 11:30a	5:10 – 5:40p	5:10 – 5:40p	5:10 – 5:40p	4:20 – 4:50p 4:20 – 4:50p
Level 1	8:10 – 8:55a 9:00 – 9:45a 10:00 – 10:45a 11:00 – 11:45a	10:10 – 10:55a 11:00 – 11:45a	4:20 – 5:05p 5:10 – 5:55p	4:20 – 5:05p 5:10 – 5:55p	4:20 – 5:05p 5:10 – 5:55p	4:20 – 5:05p 5:10 – 5:55p
Level 2	8:10 – 8:55a 9:00 – 9:45a 11:00 – 11:45a	11:00 – 11:45a	5:10 – 5:55p	5:10 – 5:55p	5:10 – 5:55p	5:10 – 5:55p
Level 3	9:00 – 9:45a 11:00 – 11:45a	10:10 – 10:55a				

**Session 2**Resident Registration begins 6/26/23 @ 6am Non-Resident Registration begins 6/28/23 @ 6am

Note: Levels A – C 30 minutes classes	Saturdays 7/8 – 8/19 \$49R/\$63NR (A-C) \$63R/\$77NR (1-3)	Sundays 7/9 – 8/20 \$49R/\$63NR (A-C) \$63R/\$77NR (1-3)	Mondays 7/10 – 8/21 \$49R/\$63NR (A-C) \$63R/\$77NR (1-3)	Tuesdays 7/11 – 8/22 \$49R/\$63NR (A-C) \$63R/\$77NR (1-3)	Wednesdays 7/12 – 8/23 \$49R/\$63NR (A-C) \$63R/\$77NR (1-3)	Thursdays 7/13 - 8/24 \$49R/\$63NR (A-C) \$63R/\$77NR (1-3)
Level A	10:00 – 10:30a		4:20 – 4:50p			
Level B	8:10 – 8:40a 9:00 – 9:30a 10:00 – 10:30a	10:10 – 10:40a 11:00 – 11:30a	8:00 – 8:30a 9:00 – 9:30a 10:00 – 10:30a 11:00 – 11:30a 4:20 – 4:50p	8:00 – 8:30a 9:00 – 9:30a 10:00 – 10:30a 11:00 – 11:30a 4:20 – 4:50p 5:10 – 5:40p	8:00 – 8:30a 9:00 – 9:30a 10:00 – 10:30a 11:00 – 11:30a 4:20 – 4:50p 5:10 – 5:40p	8:00 – 8:30a 9:00 – 9:30a 10:00 – 10:30a 11:00 – 11:30a 4:20 – 4:50p 5:10 – 5:40p
Level C	8:10 – 8:55a 10:00 – 10:30a 11:00 – 11:30a	10:10 – 10:40a 11:00 – 11:30a	8:00 – 8:30a 9:00 – 9:30a 10:00 – 10:30a 11:00 – 11:30a 5:10 – 5:40p 5:10 – 5:40p	8:00 – 8:30a 9:00 – 9:30a 10:00 – 10:30a 11:00 – 11:30a 4:20 – 4:50p 5:10 – 5:40p	8:00 – 8:30a 9:00 – 9:30a 10:00 – 10:30a 11:00 – 11:30a 4:20 – 4:50p 5:10 – 5:40p	8:00 – 8:30a 9:00 – 9:30a 10:00 – 10:30a 11:00 – 11:30a 4:20 – 4:50p 5:10 – 5:40p
Level 1	8:10 – 8:55a 9:00 – 9:45a 10:00 – 10:45a 11:00 – 11:45a	10:10 – 10:55a 11:00 – 11:45a	8:00 – 8:45a 9:00 – 9:45a 10:00 – 10:45a 11:00 – 11:45a 4:20 – 5:05p 5:10 – 5:55p	8:00 – 8:45a 9:00 – 9:45a 10:00 – 10:45a 11:00 – 11:45a 4:20 – 5:05p 5:10 – 5:55p	8:00 – 8:45a 9:00 – 9:45a 10:00 – 10:45a 11:00 – 11:45a 4:20 – 5:05p 5:10 – 5:55p	8:00 – 8:45a 9:00 – 9:45a 10:00 – 10:45a 11:00 – 11:45a 4:20 – 5:05p 5:10 – 5:55p
Level 2	8:10 – 8:55a 9:00 – 9:45a 11:00 – 11:45a	11:00 – 11:45a	4:20 – 5:05p 5:10 – 5:55p			
Level 3	9:00 – 9:45a 11:00 – 11:45a	10:10 – 10:55a				



# TEEN PROGRAMS

#### **Joyful Life with Michelle**

**Summertime Self Care Workshop (Ages 12-15)** 

Create a scented lip and body scrub and an After Beach/Pool hair spritz

We 6/21 6:30-8:00p \$20/\$25

#### **Teen Painting Party – Sloths!** (Ages 12-18)

Who wouldn't want a sloth painting for their room? Taught by Rose from Painted Toad.

Fr 6/2 6:00-8:00p \$45/\$50

#### **Teen Takeover at the Rec Center (Ages 12-17)**

Come out after hours to enjoy open gym, a variety of sports, snacks, nerf gun wars and lots of fun!

Su 8/27 5:30 - 8:30p FREE

Sponsored by Clinton-Macomb Public Library

#### **Outdoor Paint Pouring (Ages 13-18)**

Dress messy to try acrylic paint pouring outside!

Mo 6/26 2:00 - 3:30p FREE Mo 7/17 2:00 - 3:30p FREE

Sponsored by Clinton-Macomb Public Library

# **ADAPTIVE RECREATION**

#### **EXPERIMENTAL ART**

#### (Ages 18+)

Explore, create & play with all kinds of art media! Every week will be a new creative project, or continuation of a more involved project! Caregiver assistance required. All materials are provided. Hosted by: Michigan Arts Access

#### Session 1

We	5/10-6/14	10:30-11:15a	<b>\$15</b>	
We	5/10-6/14	11:45a-12:30p	<b>\$15</b>	
Session 2	No class July 5			
We	6/28-8/9	10:30-11:15a	<b>\$15</b>	
We	6/28-8/9	11:45a-12:30p	\$15	

#### **LET'S GET MOVING!**

#### (Ages 18+)

Skill building with fun, fitness, dance, and social time! Please wear indoor gym shoes. Caregiver assistance required.

**Volunteers Needed:** If you can spare a few hours per month to assist with our class, we could use your help. Please contact Dana for a volunteer application at (734) 778-9332.

#### Session 1

Th	5/11-6/15	12:00-12:45p	\$15
Session 2	No class July	y <b>6</b>	
Th	6/29-8/10	12:00-12:45p	\$15

#### **Movie and Pizza**

Dress comfortable, grab your blanket and join us as we watch Jungle Cruise (PG-13). Includes slice of pizza and drink.

6/9 6:00-9:00p \$5

#### **Tuesday Social**

#### (Ages 18+)

Join us on the third Tuesday of every month for the Tuesday Social. Participants will participate in a new activity each week. Activities include: Cooking Class (5/16), Game Night (6/20), Scrap Booking (7/18), Pizza and Bingo Night (8/15). Materials included as well as 1 slice of pizza and beverage on pizza night.

Tu	5/16	6:00-7:00p	\$20
Tu	6/20	6:00-7:00p	<b>\$</b> 5
Tu	7/18	6:00-7:00p	\$20
Tu	8/15	6:00-7:00p	\$10

#### **Special Needs Recreation Buddy Soccer**

#### (Ages 6-15)

Non-competitive recreational league for boys and girls with cognitive disabilities, with or without physical impairments. Each player is paired with a buddy, age 10 and up to assist them as needed. Buddies are provided and all a part of the team. It is free to volunteer as a buddy. If interested, please email Shannon at: rochestermi@gymboreeclasses.com. No class 5/29

Mo 5/8-6/19 6:00-7:00p \$95

# **YOUTH PROGRAMS**



#### **Summer Dreaming Youth Paint Party**

(Ages 7+)

#### Materials included with cost of registration

Using acrylic paints, we will create a summer beach theme painting. Artwork may include a sand castle, shells, stones, buckets, a shovel and even your own footprint in the sand.

5/20 1:30p-3:30p \$17/\$22 Sa

#### **Cooking Classes with Chef Lauren Nardone** (Ages 8-14)

#### **Bakeshop Treats**

Menu: Strawberry Shortcake – Cinnamon Roll Breakfast Cookies Ice Cream Cone Krispie Treats

5/23 4:30 - 6:00p \$30/\$35

#### **Trendy Viral Foods**

Menu: Pasta Chips & Dip -Custard Toast - Baked Oats/Cake 4:30 - 6:00p \$30/\$35 6/6

#### **Breakfast Workshop**

Menu: Chocolate Chip Pancakes – Loaded Scrambled Eggs – Homemade Pop Tarts

6/20 10:30a - 12:00p \$30/\$35

#### **The Ultimate Ice Cream Sundae**

Menu: Vanilla Ice Cream in a Bag - Chocolate Magic Shell -Whipped Cream - Cake Crumbs

Tu 10:30a - 12:00p \$30/\$35

#### **Future Firefighter & Junior Deputy Camp** (Ages 5-7)

MTPR, Macomb Twp Fire Department and the Macomb County Sheriff's Department are all teaming up for this exciting camp! Learn fire safety, bike safety, seat belt safety, and more. Safety-related activities and crafts daily. Bring a sack lunch. Graduation ceremony will be Friday from 10:30a-noon. Register by Wednesday, July 12 to receive a free camp shirt courtesy of Badalamenti-Ferlito Orthodontics!

Mo-Fr 8/14-8/18 9:00a-12:00p \$70/\$80

#### Camp MTPR (Ages 6-12)

Campers will learn, play, and have a blast in this NEW indoor/ outdoor 3-day summer camp. Each day will include a learning activity, arts & crafts, and games. Campers are responsible to bring their own snack and sack lunch. Register by Wednesday, July 12 to receive a free camp shirt courtesy of Macomb Orthodontics!

#### **Session 1**

Mo-We 8/7-8/9 9:00a-3:00p \$85/\$95

Session 2

Mo-We 8/21-8/24 9:00a-3:00p \$85/\$95

#### **Twinkle Star Children's Dance Classes** Twinkle Babies Dance™

Introductory Ballet and Creative Movement based dance class where young dancers learn to follow basic steps while following directions in a positive class environment. This class does not include parent participation, dancers should be able to be in class on their own.

Th 7/13-8/17 5:30-6:00p \$80/\$90 Ages 2.5-4

#### Twinkle Stars Dance™

A 45-minute class containing ballet and tap while inspiring movement and creativity.

Th 7/13-8/17 6:00-6:45p \$80/\$90 Ages 4-6 Th 7/13-8/17 6:45-7:30p \$100/\$110 Ages 5-7

#### **Show Stars™ Hip-Hop**

A structured method of learning various Hip-Hop dance movements in a fun filled and vibrant class environment.

7/13-8/17 5:00-5:30p \$80/\$90 Th **Ages 5-7** 

### **Children's One Day Dance Clinics**

**Frozen Dance Camp** 

Calling all Elsas and Annas! Let It Go in this Frozen themed dance camp with dancing, crafts, games, and more!

Tu 7/11 10:00-11:30a \$25/\$30 **Ages 4-9** 

#### **Encampo**

Don't worry, we won't talk about Bruno during this Encanto dance camp with dancing, crafts, and games!

Tu 7/18 10:00-11:30a \$25/\$30 Ages 4-9

#### **Camp Bow-Bow**

Grab a Jojo Bow for this Jojo Siwa themed Jazz/Hip-Hop Camp with dancing, crafts, and games!

Tu 8/1 10:00-11:30a \$25/\$30 Ages 4-9

#### **Camp Zombies**

Will you be Team Zombie, Werewolf, or Alien for this Zombies Camp? We'll be dancing like the Zombies do for this fun Hip-Hop and Poms Camp!

To 8/8 10:00-11:30a \$25/\$30 Ages 4-9

#### **Joyful Life with Michelle**

**Growing Together in Friendship (Ages 8+)** 

This class will strengthen the bond between mother/daughter through encouragement and care. Cost includes child and caregiver.

Th 6:30-8:00p \$40/\$45

#### Summer Bucket List Vision Board (Ages 8+)

Make a colorful, creative summer activity board B: Tu 6/6 6:30-8:00p \$20/\$25

#### **Young Rembrandts**

YR is a fun, educational and an engaging experience for children. Discover your young artist's creativity, imagination and confidence! Have fun learning while drawing with Young Rembrandts!

#### YR Drawing - Jr. Under the Sea (Ages 5-7)

This workshop gives our students the chance to draw all the different things we see and imagine under the sea! Narwhals, jellyfish, mermaids and more will fill our pages in bold colors and strong shapes. We will complete our last day with one large scene showcasing a whimsical underwater kingdom complete with all its subjects.

Tu-Th 6/20-6/22 8:30-10:00a \$99/\$109

#### YR Fashionista: Anime/Manga (Ages 6-12)

If you love all things Manga and Fashion, sign up for this class! We will draw and color all things ANIME! Artists will draw anime style fashion characters ranging from simple to elaborate— this is a great way to combine fashion designing skills and learn new manga tricks. Students will illustrate manga hairstyles, school uniforms, fantasy costumes and more artistic drawings. Our creations will display layered looks, dazzling accessories and more.

Tu-Th 6/20-6/22 10:30-12:00p \$99/\$109

#### YR Cartoon Drawing (Ages 6-12)

It's time for Summer Cartoon Drawing fun with YR. We'll start off the session LOL as we draw silly Big Cats followed by drawing hilarious animals dabbling in Martial Arts. And then there is the turtle drawing. Imagine how funny it will be drawing Slow Turtles attempting activities that require speed. Yikes! Our kids will also learn how to tell a story by drawing a sequential set of humorous images. All this and even more are in this cartoon workshop.

Tu-Fr 7/11-7/14 10:00-11:00a \$97/\$107

#### YR Drawing: Amazing Earth (Ages 6-12)

This workshop features beautiful drawings of elements that are associated with the sea. Drawings of a serene evening seascape, an incredible realistic Lobster graphic, a Fishing Boat and Sea Gulls in their habitat will all be created in this workshop! We will also draw a Mother Tiger with her cub, a Panda and a cartoon-inspired Fox. Don't miss this experience.

Tu-Fr 7/18-7/21 10:00-11:00a \$97/\$107

#### YR Everything Pastel - Jurassic Times (Ages 6-12)

Travel back in time to the land of the lost. Join YR for a workshop celebrating a favorite subject - Dinosaurs! Our students will apply the beautiful medium of pastels to create impressive and frame-worthy art. We will draw and color different types of dinosaurs in varying artistic styles ranging from realism, graphic and cartoon. Perfect for students who love the ancient world of big lizards!

Tu-Thu 7/25-7/27 9:00-10:30a \$99/\$109

#### **Snapology Camps**

#### Full Day Option for AM and PM camps.

#### **Basic Engineers (Ages 5-7)**

This program gives your student the tools they need to understand mechanical movement and the importance of simple machines. They will see these moving parts up-close as they follow instructions to build various machines and then use the basic models to develop more elaborate, creative designs with their partners and teams. Whether they are the creative-constructive type or prefer the inquisitive-deconstructive way of learning, this program is sure to spark their engineering interests!

Mo-Fr 6/26-6/30 9:00a-12:00p \$235/\$245

#### **Kinderbots Robotics (Ages 5-7)**

Children will begin to explore the world of robotics as they build simple models that teach the fundamentals of robotic design. Whether learning about sensors while building drills and magic wands or discovering ways that gears and pulleys create movement while building helicopters and robotic dogs, your child is sure to have a great time.

Mo-Fr 6/26-6/30 1:00p-4:00p \$235/\$245

#### Let's Make a Movie-Animation Studios (Ages 7-14)

Create amazing movies with stop motion animation using LEGO® bricks. Children will work in teams to produce their very own movie complete with dialogue and sound effects. Movies are uploaded to a secure site for family and friends to see how cool they are!

Mo-Fr 7/24-7/28 9:00a-12:00p \$235/\$245

#### **Advanced Mining and Building (Ages 7-14)**

Minecraft® lovers unite! Snapology's Advanced Mining & Building is a technical class involving advanced Minecraft® building using LEGO® bricks and game-play experience. Students will learn the art of crafting and stirring up their own potions using LEGO® bricks. You came, you saw, you mined at Snapology's Advanced Mining & Building!

Mo-Fr 7/24-7/28 1:00p-4:00p \$235/\$245

#### **GameBots Robotics (Ages 5-10)**

In Snapology GameBots Robotics camp, your child will have a blast creating robotic games while learning about robotics. Students will learn about gear ratio, sensors, programming, and pulleys as they create fun to play games. Whether creating a robotic hockey player, basketball goal, or a ring toss, your child is sure to have fun building, learning, and playing.

Mo-Fr 8/7-8/11 9:00a-12:00p \$235/\$245

#### Pokemania (Ages 5-10)

Come join Snapology for Pokemania! Students will build and explore the world of Pokemon as they create their own gyms, battles, and even their very own generation of Pokemon. Children will also learn about real world science as they learn about the habitats of the Pokemon. Your child will have a blast becoming the best Pokemon trainer ever.

Mo-Fr 8/7-8/11 1:00p-4:00p \$235/\$245

#### **Snapology Classes**

#### **Kinderbots - Coding (Ages 4-6)**

Children will explore the world of robotics as they build simple models out of LEGO® bricks that teach the fundamentals of robotics and coding. They will learn about simple machines while building robotic models and then focus on coding the models.

5/30-6/13

5:30-6:30p

\$42/\$52

#### Mega Machine Robotics (Ages 6-12)

In Snapology's Mega Machine Robotics workshop, your child will create some of their favorite motorized vehicles and machines out of LEGO® bricks! Students will learn about gear ratio, sensors, pulleys, cranks, and programming as they build vehicles like trucks, space rovers, helicopters, more.

5/27

9:30a-12:30p

\$38/\$43

#### **Skyhawks Sports Academy Summer Camps**

9:00a-12:00p

#### **Macomb Township Recreation Center**

**Tiny Tykes Camp (Ages 3-5)** 

Half Day Camp (Ages 6-14)

Mo-Fr 7/24-7/28

Mo-Fr 7/24-7/28

**Challenger Soccer Camps** 

This week-long soccer camp, rooted in British training

methodology, introduces international training tactics to

campers. Challenger's camp curriculum and coaching

positive experience. Camp will feature a number of new

receives a FREE soccer ball, t-shirt and camp evaluation.

8:00-9:00a

\$89/\$99

\$149/\$159

elements in the curriculum keeping players engaged while

foundation meets engaging delivery for an all-around

ensuring a rewarding soccer experience. Each player

**Macomb Corners Park** 

### **Basketball Camp (Ages 7-10)**

This fun, skill-intensive program is designed for beginning to intermediate players. Using our progression-based curriculum, we focus on the whole player - teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based instruction and small-sided scrimmages.

Mo-Fr 6/19-6/23 9:00a-12:00p \$169/\$179 Mo-Fr 7/17-7/21 9:00a-12:00p \$169/\$179

#### Mini-Hawks Camp: Baseball, Basketball, & Soccer (Ages 5-7)

Mini-Hawks programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion, and teamwork.

6/26-6/30 9:00a-12:00p \$169/\$179 Mo-Fr

#### Multi-Sports Camp: Baseball, Flag Football & Soccer (Ages 7-10)

Multi-Sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion, and teamwork.

Mo-Fr 7/24-7/28 9:00a-12:00p \$169/\$179

#### Floor Hockey Camp (Ages 7-10)

This program is designed for children to have a safe and fun way to learn the fundamentals of hockey. The goals are to teach basic concepts and technique of floor/street and ice hockey. This Clinic will emphasize passing, puck/ball handling, shooting, teamwork, and safety (non-checking).

Mo-Fr 8/7-8/11 9:00a-12:00p \$169/\$179

Important Camp Notes: Participants should bring a water bottle, two snacks, sunscreen (outdoor camps only) and wear appropriate athletic attire. Every child receives an award certificate and Skyhawks t-shirt.

#### **Learn to Skate**

#### (Ages 3-11)

Suburban Ice Macomb 54755 Broughton Rd Macomb MI 48042 Ice skating is a great way to stay physically fit and have FUN! The Learn to Skate class schedule includes Snowplow Sam 1 & Parent Tot (ages 3-5) and Basic 1 (ages 6-11). A current class schedule is available online at suburbanicemacomb.com. 25min Class + 25min Practice. Skate rental \$24.

#### Spring 2 (6 Weeks) No Classes July 3-6

Мо 6/5-7/17 5:50p-6:40p \$110/\$120 Th 6/8-7/20 6:05p-6:55p \$110/\$120 Summer (6 Weeks)

5:50p-6:40p \$110/\$120 Mo 7/24-8/28 6:05p-6:55p 7/27-8/31 \$110/\$120 Th

#### **Safe Sitter Babysitting Clinic**

#### (Ages 11+)

A1 Health & Safety teaches participants to be safe, effective babysitters and build confidence in their child-care skills. Health educators cover First Aid, CPR with mannequin practice, choking, safety, child development, age-appropriate activities, behavior management, fire safety, crime safety, the business of babysitting, and more! Text is included.

Sa	5/13	9:00a-3:30p	\$90/\$95
Sa	6/3	9:00a-3:30p	\$90/\$95
We	6/28	9:00a-3:30p	\$90/\$95
Th	7/20	9:00a-3:30p	\$90/\$95
Tu	8/8	9:00a-3:30p	\$90/\$95

#### Milana Volleyball Academy

#### Girls Volleyball Camp (Grades 4-7)

This summer volleyball camp is designed to be an introduction of the sport of volleyball or appropriate for players looking to improve their skills. This camp will help prepare players for competitive play as they gain appropriate knowledge and experience. A focus on skill development will be emphasized along with team strategies. Each camper will receive a t-shirt. Mo-Fr 7/10-7/14 9:00a-12:00p \$149/\$159

#### **Youth Summer Tennis Camps**

#### L'anse Creuse North High School

These tennis camps provide a great opportunity for you to introduce your child to tennis for the first time, or to help them improve their existing skills with fun games, drills, and play. **Friday is reserved for rain make-ups if necessary.** 

#### Pee Wee (Ages 5-7)

By utilizing instruction with age-appropriate equipment, players will become familiar with the fundamentals of tennis. Basic ground strokes, volleys and serves will be introduced through fun games and skill building activities.

Mo-Th 6/26-6/29 9:00-9:55a \$55/\$65 Mo-Th 7/24-7/27 9:00-9:55a \$55/\$65

#### **Beginner (Ages 8-12)**

This class is designed to develop tennis fundamentals, racquet skills, become familiar with the tennis court, learn to rally and play games. Instructors will promote a love of the game through fun tennis activities.

 Mo-Th
 6/26-6/29
 10:00-10:55a
 \$55/\$65

 Mo-Th
 6/26-6/29
 11:00-11:55a
 \$55/\$65

 Mo-Th
 7/24-7/27
 10:00-10:55a
 \$55/\$65

 Mo-Th
 7/24-7/27
 11:00-11:55a
 \$55/\$65

#### M.T.P.R. – NFL FLAG WEDNESDAY NIGHT LIGHTS YOUTH FLAG FOOTBALL LEAGUE

All games will be played on Wednesday evenings at Macomb Corners Park. All players will receive a team jersey and a flag belt. Age of participant is determined as of 9/13/23. 1st week of play will be September 13 (6-week season). Practices will begin late August. Teams will be divided based on school zoning & other means necessary to evenly fill rosters. Special requests for playing on the same team as others cannot be accommodated except for siblings. Deadline to Register 8/4/23.

MTR Fee: \$65.00 NR Fee: \$75.00 Freshmen Ages 6-7 Junior Varsity Ages 8-9 Varsity Ages 10-12

# URGENTLY NEEDED! Volunteer Youth Flag Football Coaches are needed for this program to be successful.

Head Coach Player Registration Benefit: Any parent/guardian who volunteers to be a HEAD COACH and is assigned the position by the parks & rec department will receive a free program registration for their player. Only 1 head coach will be designated per team. All others wishing to assist/coach will be listed as assistants. Volunteer applications must be completed and returned by Friday, August 4. Email Chris Stepp at steppc@macomb-mi.gov to receive an application.

#### Lil' Tumblers (Ages 6-9)

#### **Macomb Township Recreation Center**

Come tumble with Ms. Kayla this summer. Specifically designed for elementary school aged kids, participants will learn basic fundamental tumbling skills such as forward rolls, cartwheels, bridges and more. (No Class 7/3)

Mo 6/5-7/17 6:00-7:00p \$99/109 Ages 6-9

#### **PKSA Karate - Kids Power Program**

#### **Macomb Township Recreation Center (Ages 6-17)**

Kids Power is designed to introduce kids to Tang Soo Do, through curriculum that has been proven over the last 20 years. Highly professional karate instructors will introduce your children to a number of karate and life skill building activities in a fun and engaging way.

Tu 5/9 - 6/13 6:00-6:30pm \$79/\$89 Tu 7/11 - 8/15 6:00-6:30pm \$79/\$89

#### **Challenger Youth Soccer Classes**

#### Macomb Township Recreation Center

#### **Tiny Tykes Youth Soccer (Ages 3-5)**

This class is designed to introduce your young soccer star to the basic skills of the game. Coaches will combine soccer with fun games, stories and skill building activities that will keep your child entertained and enthused each week. (No Class 5/29)

Mo 5/8-6/19 5:30-6:30p \$125/\$135

#### **Mighty Tykes Youth Soccer (Ages 6-9)**

Curriculum consists of skill training in a maximum participation environment and small sided games designed for a gradual development and understanding of the game. (No Class 5/29)

Mo 5/8-6/19 6:30-7:30p \$125/\$135

#### Macomb Mustangs Football Camp (Ages 6-14)

#### **Town Center Park**

This non-contact camp is a great opportunity to introduce your young player to the game of football, or to improve upon their existing skill set. The camp will feature current high school coaches with state championship experience, coaches with high school & collegiate playing experience, contests, prizes and guest speakers. Campers will be taught a variety of skills, and they will be given a chance to show them off in a variety of competitions and scrimmages. T-shirts will be provided to all campers.

Mo-Th 6/5-6/8 6:00-8:00p \$140/\$150

#### **Motor City Lax: Intro to Lacrosse Clinic**

#### Macomb Corners Park (Boys & Girls Ages 7-16)

This is a non-contact & no equipment-required lacrosse clinic. Focus will be on introducing players to the game through instruction on fundamental stick handling, game situations, and fun competitions within age appropriate groupings. Camp is geared towards beginning players with no organized lacrosse experience. (No Clinic 7/5)

We 6/14-7/19 5:45-7:00p \$125/\$135

### **ADULT PROGRAMS**



#### Pickleball Bootcamp (Ages 18+)

Learn the skills, strategy and rules of pickleball whether you are a beginner or intermediate player.

#### **Beginner Level**

Mo-We	6/12-6/14	1:00 – 2:30p	\$60/\$65
Mo-We	7/17-7/19	1:00 - 2:30p	\$60/\$65
Mo-We	8/14-8/16	1:00 - 2:30p	\$60/\$65
Intermed	diate Level		
Mo-We	6/19-6/21	1:00 - 2:30p	\$60/\$65
Mo-We	7/24-7/26	1:00 - 2:30p	\$60/\$65
Mo-We	8/21-8/23	1:00 - 2:30p	\$60/\$65

#### Italian for Beginners (Ages 16+)

Learn the basics of Italian taught by native-born instructor lolanda Agazzi, who has over 20 years of teaching experience.

Sa	6/17 – 8/5	10:00 – 11:00a	\$104/\$114
Sa	6/17 – 8/5	1:00 – 2:00p	\$104/\$114

#### Advanced Italian (Ages 16+)

Building on the beginners course, these lessons will enhance your reading and writing skills and cultural knowledge.

Sa	6/17 – 8/5	11:00a – 12:00p	\$104/\$114
Sa	6/17 – 8/5	2:00 – 3:00p	\$104/\$114

#### **First Aid & CPR Training**

**Presented by American Heart Association** 

#### CPR/AED Heartsaver Class (Ages 16+)

CPR/AED/First Aid (Ages 16+)					
Sa	8/26	9:00 – 11:00a	\$55/\$60		
Fr	7/21	6:00 – 8:00p	\$55/\$60		
<b>3</b> d	0/3	9:00 – 11:00a	\$33/\$0U		

5/20

9:00 - 12:30p \$80/\$85

Family & Friend CPR/AED (Ages 12+)

10:00a - 12:00p 7/29 \$40/\$45

#### Couples Painting - Date Night (Ages 18+)

Enjoy a night out getting creative with your partner making two connected paintings of wine. Taught by Painted Toad. (Ages 18+) \$115 couple/\$120 Fr 6:00p

#### Adult Painting Class - Wisteria (Ages 18+)

Follow along painting to create this whimsical piece. Taught by Painted Toad. (Ages 18+)

We 5/24 6:00p \$60/\$65

#### Save Money on Groceries (Ages 18+)

This how-to class on digital couponing and money saving apps will pay for itself in no time!

5/16 5:00-6:00p \$5/\$6

#### Charcuterie 101 (Ages 18+)

Learn how to put together an impressive charcuterie board from start to finish. All materials are included.

We 7/26 5:00-6:00p \$45/\$50

#### Home Buyer Seminar (Ages 18+)

Learn the step-by-step process from pre-approval to closing. Raffles included!

Th 5/18 7:00 - 8:00p **FREE** 8/17 7:00 - 8:00pTh **FRFF** 

#### Adult Co-Ed 6x6 Sand Volleyball League

#### **Macomb Corners Park**

This popular recreational sand volleyball league is open to players of all skill levels. Three males and three females constitute a legal lineup. Teams are responsible for officiating their own games. Teams are guaranteed 8 games and a single elimination tournament. This league provides a great opportunity to compete and have fun with friends playing the game of volleyball outdoors. (No Games 7/5)

We 5/31-8/16 \$180/\$230 6:30-8:30pm

#### TAMIYA RYU IAIJUTSU (Ages 18+)

#### (Koryu Japanese Sword Art)

The Macomb study group is managed by Dan Mordan (Genzan) Sensei (6th Degree) and guided by the 15th headmaster in Japan. Many of the techniques start from a seated position (on your knees), so it is necessary to be able to stay in this position for extended periods of time. Association and equipment fees will be needed for continuous study; details will be covered in class. To learn more visit www.ustamiyaryu.org. (No Class July 1) Sa

5/13-7/22 10:30a-12:00p \$100/\$110



# **FITNESS PROGRAMS**



#### Fitness Classes at the MTRC

**Registration Deadline** 

S1: 12:00a, 5/6 | S2: 12:00a, 7/8

Late Fee: \$10 per class **Late Registration Fee** 

Participants who register after the registration deadlines will be assessed a late fee per class.

DROP-IN AEROBICS CLASS FEE: The daily drop-in fee is \$15

#### **Water Aerobics**

Combines water and weights for a thorough cross training experience. This class is suitable for all fitness levels and abilities. (No Class 5/29)

\$70/\$80 Mo.We 5/8-6/26 9:00-10:00a 5/9-6/22 9:00-10:00a \$70/\$80 Tu.Th Mo.We 7/10-8/23 9:00-10:00a \$70/\$80 7/11-8/24 9:00-10:00a \$70/\$80 Tu. Th

#### **Cardio Mix**

A class designed to offer a little bit of everything. Classes will vary with steps, weights, and other resistance equipment for an overall cardio and muscle conditioning experience. (No Class 5/29)

5/8-6/26 Mo 6:30-7:30p \$55/\$65 Mo 7/10-8/21 6:30-7:30p \$55/\$65

#### Gentle Yoga (Seniors/Beginners)

Standing and balancing postures, along with stretches on the mat will be incorporated into this class. Benefits include gaining flexibility, balance, and strength. Learn breath work and find relaxation as we practice!

Tu 5/9-6/20 10:30-11:30a \$55/\$65 7/11-8/22 10:30-11:30a \$55/\$65 Tu

#### H.I.I.T

HIIT combines intervals of cardio and strength training for a full body burn that will blast calories and leave you feeling strong and empowered! This class is suitable for all fitness levels.

5/9-6/20 6:30-7:30p \$55/\$65 Tu Tu 7/11-8/22 6:30-7:30p \$55/\$65

#### Yoga (Slow Flow)

A slow to moderate paced flow class with an emphasis on controlled movement, muscle control and breath synchronization. Relax the mind and reduce stress while building strength, endurance, and flexibility. Please bring a Yoga Mat to class.

Tu 5/9-6/20 7:45-8:45p \$55/\$65 Tu 7/11-8/22 7:45-8:45p \$55/\$65

#### Strength & Tone (Seniors)

A full-body strength and toning workout with light cardio circuits layered in. This class is designed for active older adults and uses a variety of equipment including weights, resistance bands, and exercise balls.

We 5/10-6/21 10:30-11:30a \$55/\$65 7/12-8/23 We 10:30-11:30a \$55/\$65

#### **Zumba**

Zumba mixes low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World rhythms take over, you'll see why Zumba classes are often called exercise in disguise.

We 5/10-6/21 7:00-8:00p \$55/\$65 We 7/12-8/23 7:00-8:00p \$55/\$65

#### **PiYo (Beginners)**

PiYo is a combination of Pilates and Yoga focusing on building muscle, core and strength while improving flexibility. PiYo is low impact, making it easy on the joints and perfect for those with injuries or chronic pain. This class is suitable for all fitness levels. Please bring a yoga mat to class.

Th 5/11-6/22 9:30-10:30a \$55/\$65 Th 7/13-8/24 \$55/\$65 9:30-10:30a

#### Tai-Chi

In this class, you will learn the art of Tai Chi through various slow flow-like movements. We will teach you how to breathe correctly, move to bring your core strength, work on your balance, and relieve stress. It is an excellent practice for everyone, especially those with arthritis and joint pain.

Th 5/11-6/22 11:00a-12:00p \$55/\$65

#### **POUND**

A full-body workout that combines cardio, conditioning, and strength training with yoga and Pilates-inspired moves. Designed for all fitness levels and easy to modify, POUND provides the perfect atmosphere for letting loose, getting energized, and rocking out! Th 5/11-6/22 6:30-7:30p \$55/\$65

#### Pound + Pump

This full-body workout combines high intensity cardio drumming for the first half and total body strength training for the second. Pound + Pump transforms drumming and weight resistance strength training into an incredibly effective way of working out, this class is suitable for all fitness levels. Please bring a yoga mat to class.

Fr 5/12-6/23 9:30-10:30a \$55/\$65 7/14-8/25 9:30-10:30a \$55/\$65

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Telephone (586) 992-2900

Contact us at: parks-rec@macomb-mi.gov



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